



Hempsted C of E Primary School

Personal, Health, Social, Economic (PHSE) Education Policy

Growing Together in God's Love

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Hempsted C. of E. Primary School
Personal, Social, Health, Economic
(PSHE) Education Policy

‘Growing Together in God’s Love’

Our Vision

Our vision is to provide an inspirational education that engages our pupils, allowing them to achieve their unique God given potential underpinned by their strong values rooted in the Christian faith.

Our Mission Statement

We aim to achieve our vision by:

- Ensuring that our children are happy, creative and successful learners who strive to be their best.
- Providing a well-balanced, structured and challenging curriculum, which embraces our Christian values, so that each child can fulfil their potential; spiritually, morally, socially, culturally and academically.
- Being an inclusive school where all children feel safe, hopeful and happy; fostering self-esteem and respect.
- Placing our church school at the heart of this community for the common good of all.
- Welcoming and working in partnership with our families, the ‘Friends’, the church and wider community to nurture our pupils.
- Developing an age appropriate understanding of the Christian faith; the faith of others and the cultural values of the world; underpinned by our deeply Christian ethos.
- Structuring our Collective Worship so that children can understand our Christian values and live them in their daily life.
- Maintaining a culture of enthusiasm, endeavour and achievement that truly celebrates everyone’s unique abilities.

‘We have high expectations for our children – both their learning and their behaviour.’

PSHE provides pupils with the knowledge, understanding, skills and attitudes to make informed decisions about their lives.

Rationale

At Hempsted C of E Primary School, the children and their learning are at the very heart of every decision made. We promise to provide a high quality, caring, inclusive education built on our vision.

We have a duty to promote our children's wellbeing and a responsibility to provide a curriculum that promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils for the opportunities, responsibilities and experiences of later life.

At Hempsted C of E Primary School we recognise that the personal development of pupils plays a significant part in their ability to learn and achieve.

PSHE is planned and taught using the PiNK curriculum and associated SCARF resources; however, all curriculum subjects have a contribution to make to the child's personal, social, health and economic development. Teachers will also plan PSHE opportunities based on the immediate needs of the children in their care.

There are close links with PSHE and science, RE, collective worship, and the teaching of the schools Christian values.

All adults within school will model and promote expected behaviour, treating all people as unique and valuable individuals and showing care and respect for pupils and their families.

The school community will be a place where pupils can find acceptance for themselves as unique individuals and where forgiveness and the opportunity to start again is fundamental to the ethos of the school.

Pupils will learn to differentiate between right and wrong in as far as their actions affect other people. They will be encouraged to value themselves and others.

Pupils will understand the need for rules and the need to abide by rules for the good of everyone. School and classroom rules reflect, reiterate, promote and reward acceptable behaviour and provide opportunities to celebrate pupils' work and achievements.

Our Golden Rules

- We always tell the truth.
- We look after our World.
- We treat everyone with compassion and respect.
- We try our best and persevere.
- We listen to each other.

General Aims

- To give children the skills to manage their lives, to keep themselves safe and become responsible citizens in the future.
- To ensure that everyone connected with Hempsted is aware of our values and principles.
- To ensure a consistent approach to the delivery of PSHE through the curriculum and the general life of the school.

- To ensure that a pupil's education is set within a context that is meaningful and appropriate to their age, aptitude and background.
- To ensure that pupils know what is expected of them and why.
- To give each pupil a range of opportunities and time to reflect upon and discuss their personal experiences.
- To enable pupils to develop an understanding of their individual and group identity.
- To give each pupil the opportunity to explore social and moral issues, and develop a sense of social and moral responsibility.
- The school will foster a climate whereby all pupils can grow and flourish, respecting themselves and others.

PSHE

The PiNK curriculum has created to cover all areas of PSHE. It has been carefully, age appropriately planned, and divided into three main categories of learning.

Health and Well-Being (including SRE – Sex, Relationships, Education)

Relationships

Living in the Wider World

Within each category of learning we will provide children with teaching on key themes and topics.

Health and Well-Being

The health and well-being of children is paramount to all areas of children's lives. We will teach children:

- Developing risk management; knowing how to keep themselves safe at home and out and about; what to do and who to ask for help; the dangers and risks involved of drugs (and medicines) and smoking.
- Understanding personal change and responsibility; giving the children the tools to understand and manage their feelings; creating a sense of what makes us unique and understanding differences; personal hygiene; growing up – changes to our bodies.
- **RE; The emphasis for RE** is on teaching children about safe and healthy relationships and staying safe. This is included in the curriculum from Reception, through to Year 6. Puberty and bodily changes growing up will be taught in Year 5 and Year 6 then children in Year 6 will also be taught about reproduction and sex. Parents have the opportunity to see what will be taught before hand and have the right to withdraw their children from these lessons if they feel appropriate.

Relationships

This includes relationships within families, adults they can trust, their peers and within society. The key themes within the umbrella of relationships include:

- Understanding the dynamics of healthy relationships; how to make and maintain friendships; what responsibilities different people have; who to trust.
- Kindness and anti-bullying; exploring what bullying is and what to do; how to be a good friend; understanding differences and similarities.

RE: Relationships Education is a statutory requirement and is laid out in the Relationships Education policy. RE is taught within the PSHE curriculum, however there are certain aspects which are addressed as stand alone lessons. This also covers an element of Sex education which parents have the right to withdraw their child from.

Living in the Wider World

We will aim to equip children with the skills to grow into responsible citizens within and outside of the school setting. This includes teaching children about citizenship and the British Values. It is also another opportunity to teach children about internet safety, the influence of the media and money management.

All classes at the start of the school year will discuss and create together a code of conduct for the classroom, based on the values held by the school. We teach the children to be aware of their actions, take responsibility for their own bodies and encourage independence. We will help the children to identify their feelings and reflect upon them so that they are expressed in a behaviour that is socially acceptable. Each class will have its own system of praise and we will endeavour to raise the self-esteem of all pupils and encourage the development of the 'whole 'child.

Links with the community

- Visitors are welcomed into school.
- We have extremely strong links with St Swithuns Church with regular visits to the church and collective worships lead by Canon Nikki Arthy.
- Members of the parish community take weekly 'Open the Book' Collective Worships in school; and Mr Rea, the minister from a local Free Church, delivers a termly Collective Worships.
- Many of our pupils also participate in regular 'Messy Church' sessions.
- Members of the school's worship team attend a monthly mid-week Eucharist service at St Swithuns church.
- Rachel Laughton is our designated children and families worker, employed by the parish.
- Mrs Subryan takes on a pastoral lead, communicating and supporting families and the children within school.
- The school contributes monthly to the Parish Magazine, updating the community on our activities and our values.
- Many of the pupils are associated with Gordon League Rugby Club with whom we have a good relationship.
- The school newsletter is freely available in different points of the village, such as the church and Post Office.
- The development of a strong home-school link is regarded as very important, enabling parents and teachers to work in an effective partnership to support the child.
- Pupils will be taught to appreciate their local environment and to develop a sense of responsibility to it.
- Weekly 'coffee and chat' meetings hosted by the school and church community pastoral teams.

Monitoring and Evaluation

Provision for PSHE is monitored and reviewed on a regular basis. This is achieved by:

- Monitoring of lesson plans and teaching and learning.
- Pupil and parent voice.
- Online pupil survey (as part of the Gloucestershire Healthy Living and Learning (GHLL)).
- Regular discussion at staff and governors' meetings.
- Sharing of classroom work and practice.

Other PSHE opportunities

Opportunities for PSHE development will be seen across all areas of school life. Some examples include:

- School Values.
- Visits to Skill Zone.
- Visits from police, fire brigade, ambulances and dentists.
- Internet Safety training.
- School Council.
- 'Coffee and chat' for parents.
- Links with Gloucester rugby.
- First Aid training for pupils.
- Therapeutic story writing and story links.
- Nurture groups and other interventions.
- Golden Time.
- Gardening club and time in the 'secret garden'.

At Hempsted the opportunities enable pupils to:

- Sustain their self-esteem in their learning experience.
- Develop their capacity for critical and independent thought.
- Foster their emotional life and express their feelings
- Experience moments of stillness and reflection.
- Discuss their beliefs, feelings, values and responses to personal experiences.
- Form and maintain worthwhile and satisfying relationships
- Reflect on, consider and celebrate the wonders and mysteries of life.

- Develop their responsibility as individuals and part of a community.
- Engage in the democratic process, through school elections and the opportunities to exercise leadership and responsibilities.
- Respect themselves, others, property and the environment.
- Recognise the value and richness of cultural diversity in Britain, and how these influenced individuals and society.